

Gold Award — Best Chiropractic - Route 30

Silver Award — Best Massage Therapy - Route 30

Bronze Award — Best Chiropractic - Route 30

# The Agona Center of Wellness

Are you suffering from an injury due to a car accident? Looking to lose weight? In need of nutritional guidance? Or just experiencing an unexplainable discomfort (pain)? Dr. Agona and his staff may be able to help.

Dr. Dan Agona, owner, and head wellness practitioner, is now in his twenty-second year of practice at the same location, which ten years ago expanded into a fully equipped wellness facility. This year, Agona Center of Wellness became the Silver and Bronze Award winner in the Trib Total Media Readers' Choice Awards, taking honors for being one of the Best Chiropractic and Massage

Therapy centers in the Route 30 area.

"Chiropractic care is more than just making the pain disappear. It's about learning, understanding, and taking care of your body to improve your quality of life," says Dr. Agona.

Dr. Agona got his start in the military, as a medic in the active duty Navy and Army National Guard for seven years.

Dr. Agona educates and motivates his patients to take an active role in restoring their health as well as being an example to people around them.

"People are looking for ways to improve their well-being," Dr. Agona says.

The Wellness Center provides manual and computerized adjustments, massage therapy (including hot stone and hydromassage bed), electrical muscle stim, ultrasound, and physical rehab. Also, computerized testing for custom foot orthotics and body chemistry to determine nutritional (supplemental) needs is available.

Dr. Agona's wife Amy runs Nature's Pharmacy, which is attached to the center, providing natural, specialized, vitamin and herbal products.

Our facility has six licensed massage therapists, with hours six days a week.



For more information, call 412-678-3844 or visit [agonacenterofwellness.com](http://agonacenterofwellness.com). Also, visit [facebook.com/](http://facebook.com/)

[AgonaCenterOfWellness](http://AgonaCenterOfWellness) and [youtube.com/DrDanAgona](http://youtube.com/DrDanAgona). Also check out the the Agona Wellness App, available on

the Web site and through The App Store from Apple and Google Play for Android.